

# Daniel Hasselbach

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## Counselor



## Education

- University of Phoenix, Master of Science, Counseling
- Southern Utah University, Bachelor of Science, Psychology

## My Commitment to being a Jefferson Saint

Fish! Years ago, when I was working as a telecommunications engineer, I was introduced to the Fish Philosophy, created by the Pike Place Fish Market leadership in Seattle, WA. The training spoke to me like no other and I have adopted it as the foundation of my personal and professional life interactions. **Be There** (Be emotionally present for people.); **Play** (Tap into your natural way of being creative, enthusiastic and having fun.); **Make Their Day** (Find simple ways to serve or delight people in a meaningful, memorable way.); **Choose Your Attitude** (Take responsibility for how you respond to what life throws at you. My commitment to being a saint is to FISH! with all of my students, families and colleagues every day.

## A Learning Experience That Changed Me as an Educator

Throughout my life, I have learned that I can't do everything myself. Sometimes I need help. The hard part is learning *how* to ask for help, learning *who* to ask for help and learning that it is ok to ask for help. There have been some amazing people in my life, without whom I would have never achieved my goals (parents, doctors, psychologists, community members, teachers, etc). It is now my passion to be one of those helpful people for my students and families. It is now my goal to help my students and families to learn *how* to ask for help, *who* to ask for help and to become *comfortable* with asking for help so that they can achieve their life goals.

## My Favorite Books

My two favorite books are *The Catcher in the Rye* by J. D. Salinger and *Mercury Falls* by Robert Kroese. I am currently challenging myself to read more nonfiction books and am currently reading *Brief Counseling That Works* by Gerald B Sklare and some works by William Glasser.

## My Hobbies and Interests

Most everything I do for fun involves my wonderful wife and amazing two year old daughter. Each year we try to travel to experience new places and cultures. I have been everywhere from L.A. to New York and from Costa Rica and Iceland. When staying closer to home, I enjoy road biking, hiking, photography, practicing martial arts, rock climbing and camping.